



LAKESHORE senior living

ST. CLAIR SHORES, MICHIGAN

alz.org® | **alzheimer's**  **association**®

PRESENT:

Know the 10 Signs: Early Detection Matters:

Thursday, March 22 at 4:00 PM

If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future. This interactive workshop features video clips of people with Alzheimer's disease.

The Basics: Memory loss, Dementia and Alzheimer's Disease:

Thursday, April 26 at 4:00 PM

Alzheimer's disease is not a normal part of aging. If you or someone you know is affected by Alzheimer's or dementia, it is time to learn the facts. The program provides education on detection, causes and risk factors, stages of the disease, treatment, and much more.

Dementia Conversations: Driving, Doctors Visits and Legal/Financial Planning:

Thursday, May 24 at 4:00 PM

This education offering provides helpful tips to assist families in having honest and caring conversations with family members about dementia. The workshop reinforces to plan ahead and build a care team that communicates well in order to reduce stress that can accompany a disease like Alzheimer's and connects you with helpful resources to enhance quality of life for everyone involved. Common difficult discussions include going to the doctor; when to stop driving; and making legal and financial plans.

Join us for any or all of the FREE programs offered! Hosted at Lakeshore Senior Living.

Please call to reserve your spot!

Call: (586) 218-6228

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