## Resources for Families, Individuals and Professionals



**The Family Center is a compass** to help guide families, individuals and professionals to resources and information with *Ask the Experts* Articles, Talks, Videos and our Association of Professionals.

Ask the Experts Articles written by physicians, educators and counselors appear every week in the Grosse Pointe News. Topics address the entire spectrum of family life. Hundreds of articles are online at familycenterweb.org.

Ask the Experts Talks bring talented speakers who educate and engage audiences in an evening of intensive discussion on a single topic. Talks are held in community venues throughout the Grosse Pointes.

Ask the Experts Videos of many Talks are online at our YouTube channel and aired on the Grosse Pointe War Memorial's WMTV.

Association of Professionals online directory provides 24/7 access to connect with local mental health practitioners, specialized services, organizations, senior services, schools, faith community members and businesses.

**Play Central** is a weekly drop-in play program from October through May that allows children to be active and caregivers to socialize.



ASK #
EXPERTS

articles









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Concerned parents and community leaders founded The Family Center in 2000 as a community-based organization with a mission to serve our community through programs and resources vital to today's families

Since then, over 600 Ask the Experts Articles have appeared in print and on our website. The site served over 1.5 million page views last year to over 500,000 visitors. "Coping with Your Enmeshed Family" is a popular article, with over 600 views every month.

Ask the Experts Talks have reached thousands of individuals in many local venues. A recent Talk, Dreamland - the True Tale of America's Opiate Epidemic, by nationally-acclaimed author Sam Quinones filled the Grosse Pointe War Memorial's auditorium, with an overflow crowd watching in the Crystal Ballroom.

Videos of the Talks on our YouTube channel also reach a wide audience. "Building Better Brains -Teaching Strategies that Work for Dyslexic and ADD Students " has been viewed 17,000 times.

The Family Center is a 501(c)3 nonprofit organization that is 100% supported by community contributions. Support our mission to serve our community. Together, we can realize our vision to enrich our community through stronger families.









