

# **Play-It-Through**

**Prevention, Intervention, Education (PIE)**

**Presented by**

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# Agenda

- Overview of addiction vs abuse and underage usage and consequences
- **Parental Approval and perception**
- Tools and Resources

# ADDICTION vs. ABUSE vs. USE

- ALCOHOLISM, DRUG ADDICTION, CHEMICAL DEPENDENCE



- **A TREATABLE DISEASE**

- **DRUG ABUSE, ALCOHOL ABUSE and USE**

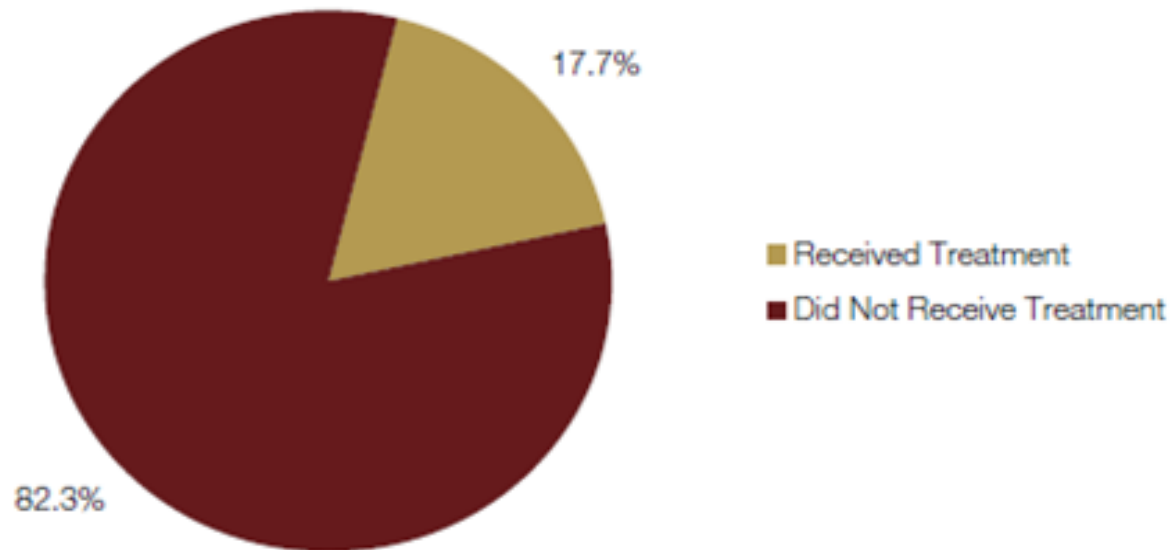


- A PREVENTABLE BEHAVIOR

## SUBSTANCE USE TREATMENT ILLCIT DRUGS



Past-Year Illicit Drug Use Treatment among Individuals Aged 12 or Older with Illicit Drug Dependence or Abuse in Michigan (2009–2013)<sup>2</sup>



- Don't allow ego or shame to stand in the way, ASK FOR HELP, then follow the guidance

# Stop It!

## Changing Behaviors

**Easy?**

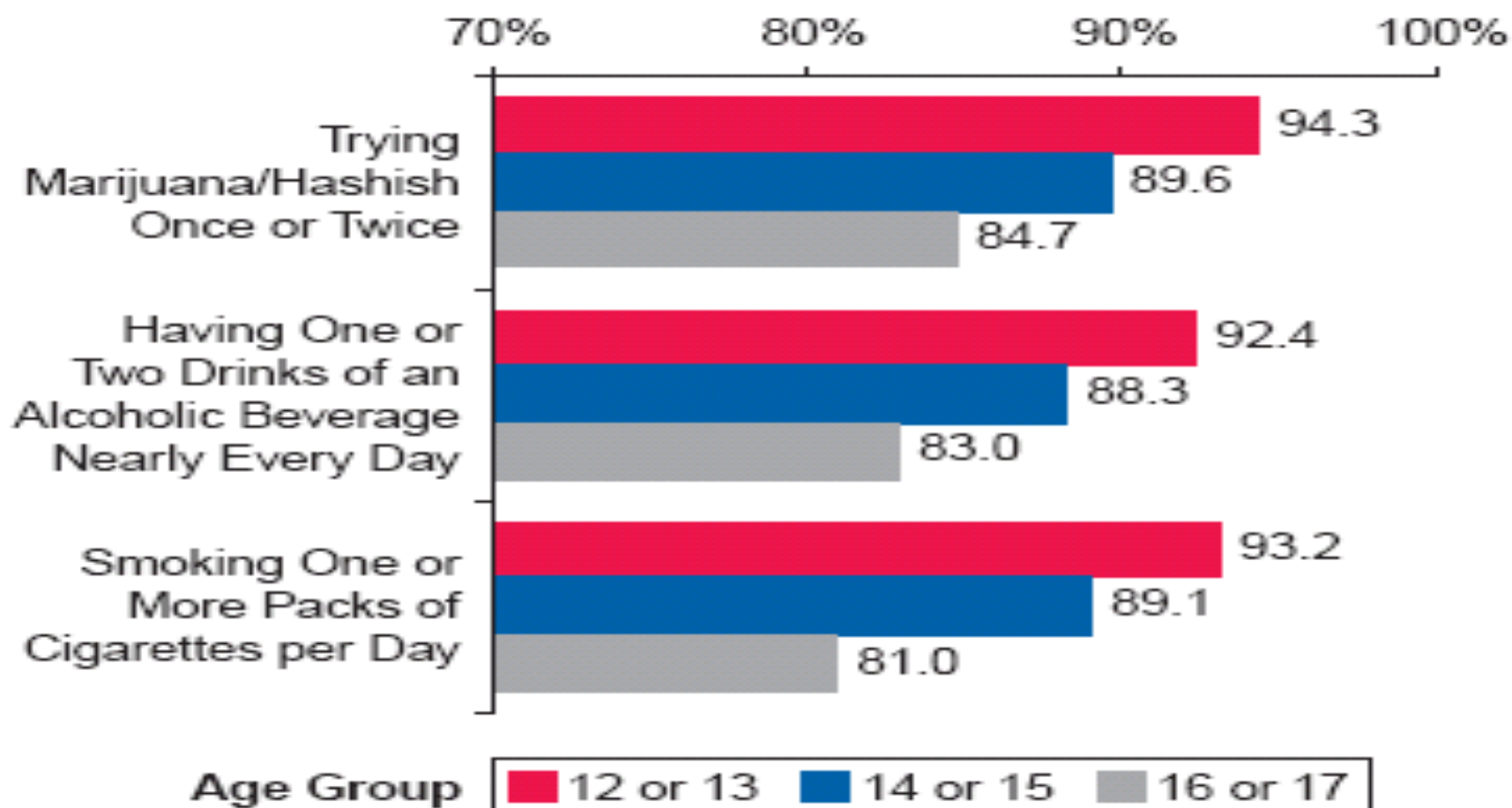
(Bob Video)

# Parents: Do you approve?

**Table 1. Percentages of Youths Aged 12 to 17 Reporting Past Month Substance Use, by How They Thought Their Parents Would Feel About Their Substance Use: 2000**

<b>Past Month Substance Use</b>	<b>Parents' Feelings About Youths' Substance Use</b>	
	<b>Strongly Disapprove</b>	<b>Somewhat Disapprove/ Neither Approve nor Disapprove</b>
Marijuana	4.9	26.9
Cigarettes	8.9	45.3
Alcohol	13.0	40.0

**Figure 2. Percentages of Youths Aged 12 to 17 Reporting That They Thought Parents Would Strongly Disapprove of Their Substance Use, by Age: 2000**



University of Michigan  
National Study of Adolescent Drug Use  
[www.monitoringthefuture.org](http://www.monitoringthefuture.org)

	<b>ILLICIT DRUGS IN LAST YEAR</b>	<b>ILLICIT DRUGS BESIDES MJ</b>	<b>BINGE DRINKING THE LAST MONTH</b>
<b>8<sup>th</sup> grade</b>	<b>15%</b>	<b>7%<sub>8</sub></b>	<b>15%</b>
<b>10<sup>th</sup> grade</b>	<b>29%</b>	<b>12%<sub>17</sub></b>	<b>30%</b>
<b>12<sup>th</sup> grade</b>	<b>37%</b>	<b>17%<sub>20</sub></b>	<b>44%</b>



# PROTECTIVE FACTORS FOR ADOLESCENT SUDs

- Delayed Onset of First Use
- **Strong Family Bonds**
- Parental Engagement
- **Clear Expectations and Consequences**
- Belief in Moral order and Social skills
- **Strong Pro-Social Bonds (personal vs social media)**
- Religious/Spiritual Affiliation
- **HOME CONTRACT**

# Lifehouse Video

- First Character (what does figure represent?)
- Second (what does boy in black represent?)
- Third (what does guy and money represent?)
- Fourth (what does beer girl represent?)
- Fifth (what does girl in pink represent?)
- Sixth (what does reaper represent?)
- What does the rope represent?

# Be a Parent...Not a Friend

- Kids need a parent to use as a crutch (excuse) not to use drugs and alcohol (have a safe word or phrase)
- Kids need a parent they can talk to when they are struggling
- Kids need rules and consequences when rules are broken
- Kids need to know they can be good leaders or follow good leaders
- Be the crutch, be the parent (not a friend or warden or judge)
- Timothy Video

# Tools

- ❖ Home Contract: discuss, design, model, enforce
- ❖ Engaged communications: Weekly schedules, who/what/where/when
- ❖ Strong Family Bonds (unity in parenting, trust in sharing)
- ❖ Modeling core values and moral ethics
- ❖ “Belong” in healthy engaging communities (church, youth group, empowerment)
- ❖ Be the crutch